

# ABUSE...

**is not the price you  
have to pay for care.**

## **If someone you care about and depend on:**

- Puts you down;
- Keeps you from your friends and family;
- Destroys things that are important to you;
- Controls your activities;
- Keeps information from you that would help you to be more independent;
- Makes your decisions for you or does not respect your ideas;
- Steals or keeps you from your money;
- Blames care-giving accidents or your disability for injuries caused by abusive behaviors;
- Keeps you from getting medical care or equipment;
- Hits, pushes, chokes, or uses weapons on you...



**Talk with someone you trust.**

For more information on where to get free confidential help in your area, call:

**1-800-799-SAFE**