

# Abuse...

**does not have to be  
a part of later life.**

## **If someone you care about:**

- Puts you down;
- Makes fun of your values or spirituality;
- Keeps you from your family;
- Blames your age and “accidents” for injuries caused by abusive behavior;
- Keeps you from getting medical care;
- Controls your activities;
- Takes over your home;
- Steals or keeps money or medication from you;
- Threatens you;
- Hits, pushes, chokes, or uses weapons on you...



**Talk with someone you trust.**

**For more information on where to get free confidential help in your area, call:**

**1-800-799-SAFE**